

Many grandparents today are stepping in to raise their grandchildren due to various circumstances and situations. Come join us as we share experiences and learn ways to care for ourselves and our grandchildren.

Topics covered are determined by participant's concerns on:

## Housing • Nutrition • Physical/Mental Health • Self-Care • Legal Advice

## **Meeting Dates & Times for the school year:**

LOCATION	ADDRESS	DATE	TIME	FACILITATOR
Brauchle Elementary School	8555 Bowens Crossing San Antonio, TX 78250	2 <sup>nd</sup> Monday	10 AM-12 PM	Mercedes Bristol
Medina Valley Higher Learning Center 153 CR 483 Room 114 Lacoste, TX 78039	8449 FM 471 South LaCoste, TX 78039	4 <sup>th</sup> Wednesday	9 AM-11 AM	Judy Grubbs
Southside Independent School District Admin Building	1460 Martinez Losoya San Antonio, TX 78221	2 <sup>nd</sup> Thursday	10 AM-12 PM	Delia Martinez
Esparza Elementary School	5700 Hemphill Dr. San Antonio, TX 78228	4 <sup>th</sup> Monday	10 AM-12 PM	Mercedes Bristol
Roy Maas Youth Alternatives	3103 West Ave. San Antonio, TX 78213	4 <sup>th</sup> Wednesday	9:30 AM-11:30 AM	Delia Martinez
YWCA	6756 Montgomery Dr. San Antonio, TX 78239	3 <sup>rd</sup> Thursday	10 AM-12 PM	Mercedes Bristol

## FOR MORE INFORMATION PLEASE CONTACT US:

www.sagrg.com 210-481-2573

Grandparents Raising Grandchildren is a community group supported and funded by:





